



JUVENTUS  
RESORT EXPERIENCE

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JUVENTUS RESORT EXPERIENCE  
AT HOTEL CALA DI VOLPE  
2022



HOTEL  
CALA DI VOLPE  
COSTA SMERALDA



**JUVENTUS**  
**RESORT EXPERIENCE**



## JUVENTUS RESORT EXPERIENCE AT HOTEL CALA DI VOLPE

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Guests aged 5 to 16 can enjoy a special experience, where they will meet new friends, practise football or just have fun. The professional Juventus coaches will share their knowledge with those who want to live a “black and white” summer experience on our full-size football pitch, surrounded by the emerald waters of Costa Smeralda.

Since its creation, the Juventus Resort Experience has provided more than 100.000 youngsters with unforgettable experiences.

Juventus Resort Experience employ a team of highly qualified coaches to communicate Juventus values to young players, as well as teach important technical skills.

Kick off your summer at the Hotel Cala di Volpe with Juventus Resort Experience.



TRAINING PROGRAMME	
<b>Briefing and warm up</b>	Explanation of training goals and psychomotor activation.
<b>Training session</b>	Specific exercises for technical skills improvement. Exercises in groups and teams.
<b>Final match</b>	The best way to exercise acquired skills at the end of each training session.
<b>*Individual training</b>	Training based on personal improvement. Targeted and personalised coaching, with coach-to-attendee ratio of 1 to 1 (a parent is invited to join).

\*Upon request

### OBJECTIVES

#### **Ball Control**

Using all the anatomical parts of the foot.  
Awareness and ball control.

#### **Dribbling and Dummying**

Dribbling phases (control - dummy - change speed).  
Protecting the ball. Getting past your opponent.

#### **Passing and Control**

Controlling the ball front-on.  
Passing with the inside of the foot and controlling the orientation of the ball. Creating passing spaces.

#### **Shot taking**

Free kicks. Kicking a moving ball.  
Kicking from different positions.

### INFORMATION

**Age:** 5-16 years.

**Dates:** Monday, July 4<sup>th</sup> – Friday, August 26<sup>th</sup>.

**Training session:** from Monday to Friday from 09.00am to 11.00am.  
(Academy starts each Monday, but it is possible to join the group during the week).

**On request upon reservation:** Individual training from 6.00pm to 7.00pm, included in the weekly and biweekly package.

**Meeting point:** Hotel Cala di Volpe.

**Place:** Camp Juventus Hotel Cala di Volpe.

## DAY PACKAGE

### 1 day package includes:

- 2 hours of group training from 09.00 to 11.00 held by the Juventus coaches.
- Kit Juventus: 1 shirt, 1 shorts, 1 pair of socks, 1 backpack.
- In case of a trial lesson, the price paid will be discounted following a purchase of a weekly / biweekly package.

## 1 WEEK PACKAGE

### 5 days package includes:

- 2 hours of group training for 5 days from 09.00 to 11.00 held by the Juventus coaches.
- 1 individual training of 1 hour (a parent is invited to join).
- Kit Juventus: 2 shirts, 2 shorts, 2 pair of socks, 1 cap, 1 backpack.
- Certificate of attendance.

## 2 WEEKS PACKAGE

### 10 days package includes:

- 2 hours of group training for 10 days from 09.00 to 11.00 held by the Juventus coaches.
- 2 individual training sessions of 1 hour (a parent is invited to join).
- Kit Juventus: 2 shirts, 2 shorts, 2 pair of socks, 1 cap, 1 backpack.
- Free access to La VOLPE Kids Club during the days of Academy (upon registration, subject to availability).
- Certificate of attendance.

### Individual training includes:

- 1 hour of individual training (a parent is invited to join).

	DAY PACKAGE	WEEKLY PACKAGE (5 days of training)	BIWEEKLY PACKAGE (10 days of training)	1 HOUR OF INDIVIDUAL TRAINING
Price (vat incl.)	€ 250	€ 750	€ 900	€ 150
Kids staying at the Hotel		20% discount		

\*Families participating with more than one child get a 5% discount on the programme. VAT is included. Reservation is required.



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For further information and reservations:  
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